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Do you want your child to be innovative
like...
Steve Jobs...

Homeopathy can help...

Homeopathy plays a major role in, Child and teenage, stress related problems

The homeopathic understanding of health is intimately connected to its understanding of the mind in general. Homeopaths don't separate the mind and body in the usual way; they generally assume that body and mind are dynamically interconnected and that both directly influence each other. This

acknowledgement of the inter bond of body and mind is not simply a vague, impractical concept. Homeopaths base virtually every homeopathic prescription on the physical and psychological symptoms of the sick person. Psychological symptoms often play a primary role in the selection of the correct medicine.

Homeopathy plays a most important role in children diseases and is considered as most safe mode of treatment for children as its completely chemical free treatment.

A homeopath is trained so well to understand child psychology it can treat various diseases related to childhood including physical and psychological disorders. Children diseases management includes multidimensional approach not only by:-

1. *Objective and*
2. *Subjective symptoms also*
3. *Lifestyle,*
4. *Family environment,*
5. *Environment at school,*
6. *Assessment of child altered behavior related to child abuse*
7. *Also gestures of children play a major role in understanding the case of children and prescribing right similimum homeopathic medicine.*
8. *The miasmatic background –Psora plays an important role in stress related diseases of children and teenagers.*

The homeopath seeks to find a medicine that matches the totality of the person's physical and psychological symptoms, irrespective of "which came first." Even the "which came first" issue is much more complex and deceptive than one might initially presume. Most of us may have said at one time or another that we got a headache or some other symptom after getting angry, being depressed, or becoming fearful and that this emotion "caused" the headache. Too often we assume that something that happens close to the time we develop symptoms is "the cause" of our problem. It is however always easier to look for the effects of causes than for the causes of effects. In actuality, what we assume to be the "cause" is probably but another effect or another stress. The "cause" of a phenomenon is not so simple and may not ever be known



The homeopathic alternative to treating psychological and physical diseases is to assume that mind and body are undeniably connected and that a micro dose must be individually prescribed based on the totality of the sick person's symptoms.

From a homeopathic point of view, the prevalence of mental illness in our society is not simply the result of living in a fast-paced, stressful society, but also because our medical care system has effectively suppressed various physical illnesses. Homeopaths assert that by treating symptoms as "causes" rather than as "effects," conventional medicine masks the symptoms without curing the underlying disease process. Homeopaths theorize that, worse still, the treatment and suppression of symptoms forces the disease process deeper into the organism so that it then manifests in more severe physical pathology and more serious psychological disorders.

A skilled homeopath knows this relationship between the mind and the body. His great masters like Hahnemann and Kent have taught it to him. For many times he sees chronic cases like that of migraine and peptic ulcer, which had their origin after a mental trauma or prolonged stress, disappear with a few doses of correctly prescribed homeopathic medicine.

Homeopathic and psychological counseling are important support for developing children, homeopaths offer kind emotional support by carefully pay attention to the problems and giving confidence to suffering children.

Homeopathy has a role on wide variety of children and teenage psychological disorders

- A. Stress disorders in Children.
- B. Teenage girls and their Mood Disorders.

A. Stress disorders in children:

Although it's a wide topic but we will only discuss most common problems like

- a. Anxiety/stress in children-Due to school, abuse, developmental behavior changes.
- b. Learning disorders-in cases of autism, attention deficit disorders, hyperactive low concentration children etc.

These are 14 most important problems in children and the homeopathic rubrics for solution.

1. Ailments in children from Abuse

[Complete] [Mind]Ailments from:Sexual:Abuse:

[Kent] [Mind]Mortification,ailments,after:

[Knerr] [Mind and Disposition]Hypochondriasis:Insult, caused by:

[Gentry] [Mind and disposition]Apathetic:Hypochondriacal, with weak memory; caused by unmerited insult; sexual excesses, or by persistently dwelling on sexual subject:

[Complete] [Mind]Abusive, insulting:Children insult parents:

[complete] [Mind]Humiliation, painful sense of:

[complete] [Mind]Dreams:Rape:

2. Children behavior with animals

[complete] [Mind]Love:Animals, for:

[complete] [Mind]Love:Perversity:Animals, with, sodomy:

[complete] [Mind]Striking:Animals, at:

3. Mocking children

[complete] [Mind]Mocking:

[complete] [Mind]Laughing:Tendency:Sardonic:

[complete] [Mind]Rudeness:

[complete] [Mind]Ridicule, mania to:

[complete] [Mind]Presumptuous:

[complete] [Mind]Contemptuous:

[complete] [Mind]Delusions, imaginations:Better than others, that he is:

4. Violent Gestures in Children

[complete] [Mind]Striking:

[complete] [Mind]Striking:Desire to strike:

[complete] [Mind]Attack others, desire to:

[Boenning] [Nose]Boring:Into with fingers, picking at:

[complete] [Mind]Anger, irascibility:Tendency:Temper tantrums:

[Complete] [Generalities]Food and drinks:Cold:Drinks, water:Desires:

5. Learning disabilities in Children

[complete] [Mind]Concentration (see comprehension thinking):Difficult:

[complete] [Mind]Unobserving:

[complete] [Mind]Thoughts (see fancies, ideas):Wandering:

[complete] [Mind]Sadness, despondency, depression, melancholy:Preoccupied:

[complete] [Mind]Mistakes, makes:Time, in:

[complete] [Mind]Mistakes, makes:Names, in, calls things by wrong:

[complete] [Mind]Mistakes, makes:Talking:Wrong:Words, using:Says plums when he means pears:

[complete] [Mind]Forgotten:Something, feels constantly as if he had:

[complete] [Mind]Forgetfulness:

[complete] [Mind]Fancies:Absorbed in:

[complete] [Mind]Dream, as if in a:

[complete] [Mind]Abstraction of mind:

6. Jealousy in children

[complete] [Mind]Jealousy:Others getting all attention:

[complete] [Mind]Jealousy:Children:In, when a new baby takes the attention of the family away:

7. Attention seeking in Children

[complete] [Mind]Hysteria:Looked, at, when:

[complete] [Mind]Hysteria:Attention, from:

[complete] [Mind]Feigning (See affection): Sick:

[complete] [Mind]Feigning (See affection): Looking to others in distress:

[complete] [Mind]Desires (See Longing for):Respect, due to him shown:

[complete] [Mind]Desires (See Longing for):Attended, to be:

[complete] [Mind]Deafness, pretended:

[complete] [Mind]Blindness, pretended:

[complete] [Mind]Answer, answering, answers (See Loquacity, Talk, talking, talks, SPEECH & VOICE: Civil, cannot give:

[complete] [Mind]Answer, answering, answers (See Loquacity, Talk, talking, talks, SPEECH & VOICE: Questioned, when: Says nothing, indifferent, does not answer:

[complete] [Mind]Grimaces: Strange faces, makes:

[complete] [Mind]Grimaces: Ill-mannered:

[complete] [Mind]Laughing: Tendency: Serious matters, over:

8. Wild behavior in children

[complete] [Mind]Wildness: Misdeeds of others, from:

[complete] [Mind]Violence, vehemence: Reproached, when hearing another:

[complete] [Mind]Violence, vehemence: Friends, to his:

[complete] [Mind]Violence, vehemence: Deeds of, rage leading to:

[complete] [Mind]Violence, vehemence: Chases family out of house:

[complete] [Mind]Talk, talking, talks (See answers, loquacity SPEECH & VOICE; Speech, Voice): Violent:

[complete] [Mind]Suicidal disposition: Run over, to be:

[complete] [Mind]Striking: Himself:

[complete] [Mind]Striking: Bystanders, at:

[complete] [Mind]Striking: Anger, from:

[complete] [Mind]Striking: Boy clawing his fathers face:

[complete] [Mind]Runs about: Room, in: Wildly:

[complete] [Mind]Runs about: Dangerous places, in most:

[complete] [Mind]Runs about: Against: Things:

[complete] [Mind]Rage, fury: Uncontrollable, can scarcely be restrained:

[complete] [Mind]Rage, fury: Tears clothing:

[complete] [Mind]Rage, fury: Striking, with:

[complete] [Mind]Rage, fury: Pulls hair of bystanders:

[complete] [Mind]Rage, fury: Medicine, from forcible administration of:

[complete] [Mind]Quarrelsomeness, scolding:
[complete] [Mind]Rage, fury:Beating others:
[complete] [Mind]Rage, fury:Chained, had to be:
[complete] [Mind]Rage, fury:Cursing, with:
[complete] [Mind]Jumping:Wall, boys will jump a straight, and try to scramble up it:
[complete] [Mind]Irritability:Throws everything from him:
[complete] [Mind]Irritability:Rage, violent, easily producing:
[complete] [Mind]Irritability:Paroxysms, in:
[complete] [Mind]Impulsive:
[complete] [Mind]Impulse, morbid:Rash:
[complete] [Mind]Impulse, morbid:Run, to, dromomania:Violence, and to do:

9. Careless children

[complete] [Mind]Heedless, careless:Impelled to do reckless things, such as throwing child which he carries in his arms, out of window:
[complete] [Mind]Excitement, excitable:Tendency:Anger, with inclination to, and to scold:
[complete] [Mind]Contemptuous:Paroxysms, in, against her will:

10. Anger with violence to hit and strike others

[complete] [Mind]Anger, irascibility:Tendency:Throws things away:
[complete] [Mind]Anger, irascibility:Tendency:Pushing away table:
[complete] [Mind]Anger, irascibility:Tendency:Stabbed anyone, so that he could have:
[complete] [Mind]Anger, irascibility:Tendency:Sudden:Ceases suddenly, and:
[complete] [Mind]Anger, irascibility:Tendency:Kill, with impulse to:
[complete] [Mind]Abusive, insulting:Road, to somebody on the:
[complete] [Mind]Responsibility:Aversion to:
[complete] [Rectum]Diarrhea:Indiscretion in eating, after the slightest:

11. Careless, rashness in children

[complete] [Mind]Heedless, careless:
[complete] [Mind]Rashness:
[complete] [Mind]Neglects:Everything:
[complete] [Mind]Kicks:Child is cross, kicks and scolds on waking:
[complete] [Mind]Irritability:Morning:Waking, on:Children, in:
[complete] [Mind]Excitement, excitable:Tendency:Nervous:Children, of:

12. Rubrics-Spoiled children with anger and irritability

[complete] [Mind]Disobedience:Children, in:
[complete] [Mind]Anger, irascibility:Tendency:Worm complaints, in:

[complete] [Mind]Ailments from:Admonition:Children, in:
[complete] [Mind]Anger, irascibility:Tendency:Children, in:
[complete] [Mind]Laughing:Tendency:Silly:Children at every occasion, in:
[complete] [Mind]Obstinate, headstrong:Children:
[complete] [Mind]Rage, fury:Children, in:
[complete] [Mind]Rudeness:Children, of naughty:
[complete] [Mind]Shrieking, screaming, shouting:Children, in:
[complete] [Mind]Shrieking, screaming, shouting:Children, in:Continuously:
[complete] [Mind]Spoiled children:
[complete] [Mind]Striking:Children, in:
[complete] [Mind]Wildness:Children, in:

13. Rubrics –for overactive children-can be useful in hyperactive low concentration disorders of children and Autism.

[complete] [Mind]Activity:Ceaseless:
[complete] [Mind]Activity:Hyperactive:
[complete] [Mind]Activity:Increased excessively:
[complete] [Mind]Activity:Restless:
[complete] [Sleep]Sleepiness:Sleeplessness, during:Thoughts, from activity of:
[complete] [Mind]Activity:Thinks of everything:
[complete] [Mind]Busy:
[complete] [Mind]Busy:Fruitlessly:
[complete] [Mind]Excitement, excitable:Tendency:Hurried, as if:
[complete] [Mind]Hurry, haste:Tendency:Always in:
[complete] [Mind]Impatience:Runs about, never sits or sleeps at night:
[complete] [Mind]Restlessness, nervousness:Tendency:Busy:

14. Rubrics in Homeopathic repertories to cure-Children refusing school and stress in school

[complete] [Generalities]Children, complaints in:School children:
[complete] [Rectum]Constipation:School, at:
[complete] [Mind]Aversion:School, to:

B. Teenage girls and their Mood Disorders.

Teenage girls are at more risk than boys, of developing anxiety and depression, prevalence of mood disorders before puberty is about same in boys and girls 3 to 5 percent, mid adolescent girls are at twice the risk, of developing mood disorders and anxieties, than boys, at adult age 15-20 percent more prevalence.

According to a study girls mature much faster than boys in terms of responding to emotional recognition and that sensitivity make them more responsive to emotional stimuli and that may be a reason of higher mood variations, depression and anxieties.

Depression can be diagnosed if you see following symptoms in teenage females:-

1. First thing people notice in adolescent depression is withdrawal, normal behavior is changed, the things they normally do stop doing.
2. Sadness, irritability, lack of sleep, lack of appetite, disturbs academic performance, it also disturbs once emotional life and person is never peaceful.
3. Childs healthy development process is disturbed, depression can last from months to years.

Anxiety can be diagnosed if you see following symptoms in teenage females:-

1. Anxiety is a normal adaptive behavior of humans that lets the body know when there is a risk, danger or, threat. When anxiety becomes out of proportion to problem then it becomes disorder and can effect normal life and one try to withdraw from many situations.
2. When a teenage is anxious since childhood may have a lifestyle gather around these anxieties. And they develop unhealthy mechanism to cope with it by choosing places, friends, atmosphere, academic learning etc. so it take longer time to treat these type of anxieties
3. Usually teenagers have mix depression and anxieties, its effect their social and academic area. It's a long term development disorder.

Problems associated with teenage mood disorders:-

1. Substance abuse (Drug Addiction, tobacco and alcohol abuse)-this is a major problem for any society children with depression and anxiety fall prey to substance abuse.
2. Suicidal tendency-its third leading cause of death in adolescent between ages of 15 to 24.
3. Eating disorder –seen in females with distorted body image, often show no sign of depression.
4. Self injurious or cutting, behavior-mood disorders are associated with this.

5. Appalling social behavior-seen mostly in adolescent and parents and society are mostly affected by this unpredictable and moody behavior, this behavior is often a matter of concern for families, parents are perturbed by this argumentative and uncontrolled behavior of children.

Role of Homeopathy has been confirmed very effective in dealing with these disorders and there are many remedies which can help to overcome this depression and anxieties and help them to develop into fine adult.

Below are important rubrics for teenage problems..

1. Mood and behavior changes in girls

[complete] [Mind]Weeping, tearful mood:Tendency:Goes off alone and weeps as if she had no friends:

[complete] [Mind]Forsaken feeling:Isolation, sensation of:

[complete] [Mind]Delusions, imaginations:Place, places:None in the world, she has:

[complete] [Mind]Delusions, imaginations:Despised, is:

[complete] [Mind]Delusions, imaginations:Family (See walls; falling):Does not belong to her own:

[complete] [Mind]Delusions, imaginations:Alone (See deserted - friendless Forsaken):Castaway, being a:

[complete] [Mind]Delusions, imaginations:Deserted, forsaken:

5. Harsh language and irritable behavior

[complete] [Mind]Answer, answering, answers (See Loquacity, Talk, talking, talks, SPEECH & VOICE:Abruptly, shortly, curtly:

[complete] [Mind]Harshness, rough:

[complete] [Mind]Impolite:

[complete] [Mind]Talk, talking, talks (See answers, loquacity SPEECH & VOICE; Speech, Voice):Hasty:

[complete] [Mind]Talk, talking, talks (See answers, loquacity SPEECH & VOICE; Speech, Voice):Pleasantly, can hardly speak:

[complete] [Mind]Talk, talking, talks (See answers, loquacity SPEECH & VOICE; Speech, Voice):Terse:

6. Fears, absent mindedness' and sadness

[complete] [Mind]Absorbed, buried in thought:

[complete] [Mind]Abstraction of mind:

[complete] [Mind]Absent-mindedness:

[complete] [Mind]Sits:Wrapped in deep, sad thoughts, as if, and notices nothing:

[complete] [Mind]Humiliation, painful sense of:

[complete] [Mind]Rudeness:

[complete] [Mind]Rage, fury:Cursing, with:

[complete] [Mind]Abusive, insulting:

[complete] [Mind]Answer, answering, answers (See Loquacity, Talk, talking, talks, SPEECH & VOICE:Offensive:

[complete] [Mind]Despair:Rage, bordering on:Cursing and imprecations, with:

[complete] [Mind]Discouraged:Cursing, with:

[complete] [Mind]Anxiety:Riding, while:

[complete] [Mind]Anxiety:Railroad, when about to journey by, amel. while in train:

[complete] [Mind]Anxiety:Motion, from:Upward:

[complete] [Mind]Anxiety:Motion, from:Cable-railway, of:

[complete] [Mind]Anxiety:Motion, from:Airplane, of:

[complete] [Mind]Delusions, imaginations:Accidents:Relatives, of:

[complete] [Mind]Delusions, imaginations:Injury:Injured, is being:Sleep, during:

[complete] [Mind]Delusions, imaginations:Women:Evil, are, and will injure his soul:

[complete] [Mind]Fear:Crossing:Bridge or a place, a:

[complete] [Mind]Fear:Crossing:Streets:

[complete] [Mind]Fear:Operation:Each, of:

[complete] [Mind]Fear:Tunnels, of:

[complete] [Mind]Fear:Walking:Of:Across busy street:

[complete] [Mind]Indifference, apathy:Concussion of brain, in:

[complete] [Mind]Delusions, imaginations:Thieves, robbers, sees:Accused of robbing, that he has been:

[complete] [Mind]Delusions, imaginations:Accused, she is:

[complete] [Mind]Courageous:

[complete] [Mind]Dreams:Adventurous:

[complete] [Mind]Impulse, morbid:Rash:

[complete] [Mind]Rashness:

[complete] [Mind]Runs about:Dangerous places, in most:

7. Drug abuse in teenagers

[complete] [Mind]Morphinism, drug addiction:

[complete] [Mind]Medicine, drugs:Desire to swallow large doses of:

[complete] [Mind]Mania, madness:Morphine, from:

[complete] [Mind]Flashbacks, drug experience, to:

[complete] [Mind]Exhilaration:Morphine, after:

[complete] [Mind]Desires (See Longing for):Drugs, recreation:

[complete] [Generalities]Abuse of, poisoning with:Medicaments:

[complete] [Mind]Unconsciousness, coma:Convulsions:After:Narcotic:

[complete] [Mind]Unconsciousness, coma:Narcotism, like:

8. Negligent behavior in children.

[complete] [Mind]Fear:Duty:Being unable to do her:

[complete] [Mind]Fear:Responsibility, of:

[complete] [Mind]Fear:Duty:Neglect her, to:

[complete] [Mind]Indifference, apathy:Duties, to:

[complete] [Mind]Weeping, tearful mood:Tendency:Easily:

[complete] [Mind]Sensitive, oversensitive:Emotional:

[complete] [Mind]Cheerfulness, gaiety, happiness:Tendency:Alternating with:Passion, burst of:

9. Learning disorders and slowness in studies.

[complete] [Mind]Mistakes, makes:Spelling, in:

[complete] [Mind]Prostration of mind, mental exhaustion, brain fag:Mental exertion, after:Study, prolonged:

[complete] [Mind]Writing:Inability for:Learning to write in children:

[complete] [Mind]Slowness:Calculation, in:

[complete] [Mind]Reflecting:Unable to reflect:Over-study, effects of:

[complete] [Mind]Reading:Desire for:

10. Quarrelsome and various mood disturbances.

[complete] [Mind]Aversion:Society:Shuns the foolishness of:

[complete] [Mind]Reality, flight from:

[complete] [Mind]Suicidal disposition:Drowning, by:Seeks to escape, after menses:

[complete] [Mind]Quarrelsomeness, scolding:Family, with his or her:

[complete] [Mind]Violence, vehemence:Chases family out of house:

11. Bad Effect of disappointed love in teenagers.

[complete] [Mind]Love:Falling in love easily:

[complete] [Mind]Love:Love-sick:

[complete] [Mind]Laughing:Tendency:Love, from disappointed:

[complete] [Mind]Jealousy:Love disappointment, in:

[complete] [Mind]Insanity, madness:Love, on account of unfortunate:

[complete] [Mind]Ailments from:Love:Disappointed, unhappy:Grief, with silent:

[complete] [Mind]Despair:Love, from disappointed:

[complete] [Mind]Delirium:Maniacal:Love, from disappointed:

[complete] [Mind]Brooding:Disappointment, over:Love disappointment:

[complete] [Mind]Anxiety:Others, for:Loved persons, for:

[complete] [Mind]Ailments from:Love:Disappointed, unhappy:

[complete] [Mind]Affectionate>Returns affection:

12. Extravagance and overspending money

[complete] [Mind]Extravagance:Economy, for want of:

[complete] [Mind]Finance:Aptitude for:

[complete] [Mind]Greed, cupidity:

[complete] [Mind]Heedless, careless:

[complete] [Mind]Liar:

13. Homosexual behavior disorders.

[complete] [Mind]Love:Own sex, with one of her, homosexuality, tribadism:

[complete] [Mind]Moral affections:Want of moral feeling:

[complete] [Mind]Shameless:

14. Immoral, jealous, and antisocial behavior

[complete] [Mind]Unreliable:Promises, in his:

[complete] [Mind]Deceitful, sly:

[complete] [Mind]Duty (see delusions neglected;duty, responsibility):Want of sense of:

[complete] [Mind]Talk, talking, talks (See answers, loquacity SPEECH & VOICE; Speech, Voice):Abrupt:

[complete] [Mind]Contradict, disposition to:

[complete] [Mind]Disputatious:

[complete] [Mind]Jealousy:Quarrels, reproaches, scolds:

[complete] [Mind]Quarrelsomeness, scolding:Causeless:

[complete] [Mind]Quarrelsomeness, scolding:Senseless:

[complete] [Mind]Responsibility:Aversion to:

[complete] [Mind]Naked, wants to be:Delirium, in:

[complete] [Mind]Timidity:Public, about appearing in:

[complete] [Mind]Aversion:Society:

[complete] [Mind]Despair:Social position of:

[complete] [Mind]Estranged:Society, from:

[complete] [Mind]Fear:Men, of:

15. Suicidal tendency

[complete] [Mind]Delirium:Water, jumping into:

[complete] [Mind]Anxiety:Suicidal disposition, with:

[complete] [Mind]Anguish:Suicide, attempt to commit:

[complete] [Mind]Insanity, madness:Suicidal disposition, with:

[complete] [Mind]Jumping:Impulse to:Window, from:

[complete] [Mind]Kill, desire to:Sudden impulse to:Herself:

[complete] [Mind]Rage, fury:Suicidal disposition, with:

[complete] [Mind]Sadness, despondency, depression, melancholy:Suicidal disposition, with:

[complete] [Mind]Suicidal disposition:

[complete] [Mind]Weary of life:Fear of death, but:

[complete] [Mind]Wildness:Children, in:

[complete] [Mind]Censorious, critical:Find fault or is silent, disposed to:

[complete] [Mind]Delusions, imaginations:Wretched, she looks, when looking in a mirror:

[complete] [Mind]Impulse, morbid:Stab his flesh with the knife he holds, to:

[complete] [Mind]Jealousy:Kill, driving to:

[complete] [Mind]Lasciviousness, lustfulness:Emotions, with violent:

[complete] [Mind]Rage, fury:Striking, with:

[complete] [Mind]Throws:Things:Persons, at:

[complete] [Mind]Threatening:Kill, to:

16. Always loves parties, no responsibility, fun loving

[Complete] [Mind]Longing for (See desires):Sunshine, light and society:

These are wonderful set of rubrics which we can observe in various clinical cases and patients are benefitted a lot

Case study:

A teenage girl of 14 years, complaints of severe pain in head cannot tolerate light, throbbing pain, with lot of anxiety and restlessness, cannot perform good in studies and always have varied mood

On interrogation from mother she enlighten her various activities, although she always try to concentrate but cannot remember the studies, and developed a habit of smoking with friends, she also like loud music, come home late from outings

After her complete case study it was a case of teenage life behavioral disorder and stramonium 30 one dose was prescribed, on the basis of rubric Mind:Longing for:Sunshine Light Society for:

On second visit after one week she was completely cured of her headache and was very calm and quiet.

Again after one month she was called for observation she had a mild reoccurrence of headache 2 days back, one dose of Stramonium 200 was given.

Again after one month she visited, now she was completely cured of headache and her mother was very happy now her attitude became more responsible and she left company of smoker friends.

Homeopathy offers a very important and supportive role on childhood and teenage development psychological problems and can give a better support to children without any unwanted side effects.

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